

ARKSAFE

HEALTH AND SAFETY NEWS SUPPLEMENT

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HEALTH AND SAFETY IN AN AGE OF CHANGE

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3 NEW ARKSAFE TRAINING COURSES FOR 2009/10

“PROJECT MANAGER: RESOURCING THE PROJECT”

“SITE MANAGER / SITE SUPERVISOR: RUNNING A SAFE SITE” (SEE P2)

“ASBESTOS RISK AWARENESS AND WORKING ON AND WITH ASBESTOS MATERIALS THAT DO NOT REQUIRE A LICENCE” (SEE P2)

The Construction Design and Management Regulations 2007 and the requirement for Management and Supervisors To Be “Competent”

The changes in the Construction (Design and Management) Regulations (CDM) in 2007 has increased the pressure on companies within the construction industry to demonstrate “competence”.

Third party accreditation schemes, major clients, large contracting companies and HSE Inspectors have all increased the pressure for contracting companies to have staff at all levels trained in the fundamental health and safety issues that they encounter in their work.

Architects and other organisations, such as mechanical and electrical engineers and structural engineers, with an input in the design process, have also been advised to be fully aware of their health and safety responsibilities, and training in health and safety issues has become a fundamental part of their professional development.

To respond to the increasing need for managers and supervisors at all levels to be adequately trained, **Ark-safe** has added two new management courses aimed at the different levels of management that occur in most construction companies. These can be provided as 2 day events or in a series of modules over a time period, depending on your preferences and company’s needs.

Course Title:

**Project Manager:
Health and Safety Resource Provision.**

Intended for:

Project and Contract Managers, Estimating and Procurement Staff, Directors, Clients and Contract Administrators

Duration:

2 Days , or 4 half day modules, or 8 short modules

This course is aimed at anyone with a role or input in ensuring that correct and adequate health and safety resources are provided and arrangements are in place to run a project safely and legally.

This role, traditionally that of the Project/Contract Manager, is often also undertaken by quantity surveyors, sales personnel and personnel involved in the specification and procurement process. Clients, Contract Administrators and CDM-Coordination also need to know about health and safety legislation, ACoPs and practical considerations, to be able to assess whether the resources that are provided to construction sites are adequate to prevent risks and liabilities to the other duty-holders involved in the project, most especially the Client.

Issues covered in the course include the Management of Health and Safety at Work Regulations, the Construction (Design and Management) Regulations, the Provision and Use of Work Equipment Regulations and the Lifting Operations and Lifting Equipment Regulations. Practical issues such as instigating Waste Management Plans, “clean up” regimes, pre-assessing manual handling requirements and high level working risks, and obtaining the correct level of asbestos and contamination information are also discussed. The course also highlights environmental, health and welfare issues and ensuring that adequate arrangements are in place.

“Competence Assessment” for all parties is also discussed, including assessing subcontractors and recognising the need for suitably trained specialist engineering and/or contractor input for higher risk situations, and assessing the competence of both individuals and companies undertaking specialist roles.

Course Title:

Site Manager/Supervisor: Running a Safe Site

Intended for:

Site Managers/Supervisors/Foremen/Temporary or Deputy Supervisors and Line Managers of the Above

Duration:

2 full days , or 4 half day modules or 8 short course modules

The course has been designed to help our Clients to train their site supervisory staff in all the basic elements of the duties and responsibilities of running a small to medium-sized construction site. The aim is that delegates leave the course feeling competent and confident in that role.

The course is aimed at anyone who has the role of managing or supervising the health and safety of a construction site, or is involved in site supervision on a less formal or temporary basis.

This role, traditionally that of the Site Manager, Supervisor or Foreman, is often also undertaken on a less formal basis, especially over short-term temporary situations. Line Managers, such as Project Managers and Contract Managers also need to know about health and safety legislation, ACoPs and the practical considerations involved in site management, so that they can undertake health and safety inspections and assess the arrangements in place, and advise and assist those managing the site on a daily basis.

The duties on a Site Manager/Supervisor are extensive, and are discussed in depth so that candidates are able to feel comfortable with their role, understand what is required of them and how to go about their tasks efficiently and effectively. Issues covered in the course include the Management of Health and Safety at Work Regulations, the Construction (Design and Management) Regulations, the Provision and Use of Work Equipment Regulations and the Lifting Operations and Lifting Equipment Regulations. Practical issues such as keeping a tidy site to reduce slips and trips, supervising manual handling and high level working tasks, and working in areas that may contain contaminants, most especially asbestos, are also discussed.

The course also highlights environmental issues, including operating a Site Waste Management Plan, and also welfare hygiene and health issues, to ensure that adequate arrangements are put in place on all construction sites.

Forward planning and taking corrective action to prevent bad practice and risky behaviour, are discussed in detail. In addition, the course covers the supervision of different trades and tasks on a practical "day-to day" basis, and assessing whether health and safety risks have been considered, both in planned methods and actual working procedures.

New Course For Undertaking Work on Asbestos Material Not Requiring A Licence

Arksafe now provides a course that develops the "Asbestos Awareness" course, provided since 1997 (through all the regulatory changes that have occurred during that period) to discuss safe methods of working on asbestos that is not required to be licensed.

The need for a different training emphasis has been created because of the number of tasks that un-licensed contractors are now able to undertake on low level bonded and cement based asbestos materials, as well as limited duration work on insulating board, as defined within the Control of Asbestos at Work Regulations and the codes of practice in the HSE Guide 210 "Asbestos Essentials".

Clients and contractors need to be confident that management and personnel undertaking such work have not only a thorough awareness of the risks of asbestos, but also have sufficient knowledge of how to reduce the risks of asbestos fibre release and to be able to prepare and operate a safe method of working in accordance with the guidance and advice provided in HSG 210.

The new course "**Asbestos Risk Awareness and Working On and With Asbestos Materials That Do Not Require a Licence**" is now available as a half day course.

Arksafe will still continue to provide the shorter "**Asbestos Awareness**" course for companies who do not wish to be involved in working on asbestos materials, but who still need to ensure that their personnel are aware of the risks of exposure to asbestos fibres, how to use surveys, how to recognise suspect asbestos material and also take adequate precautions to minimise the risks.